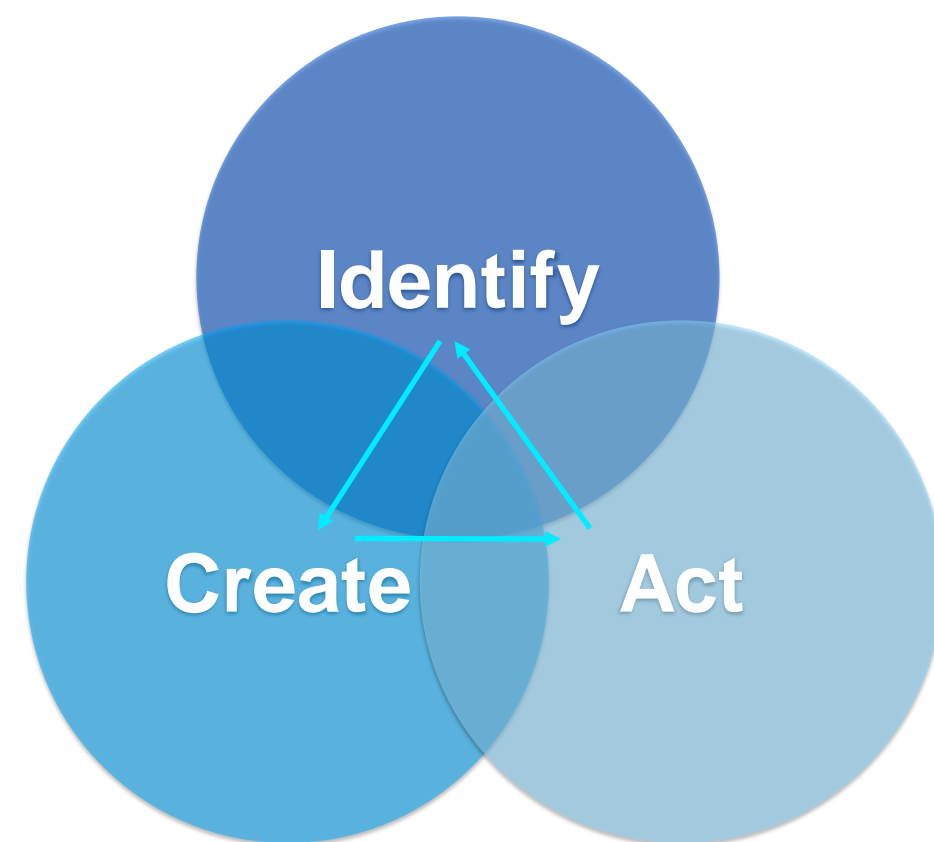


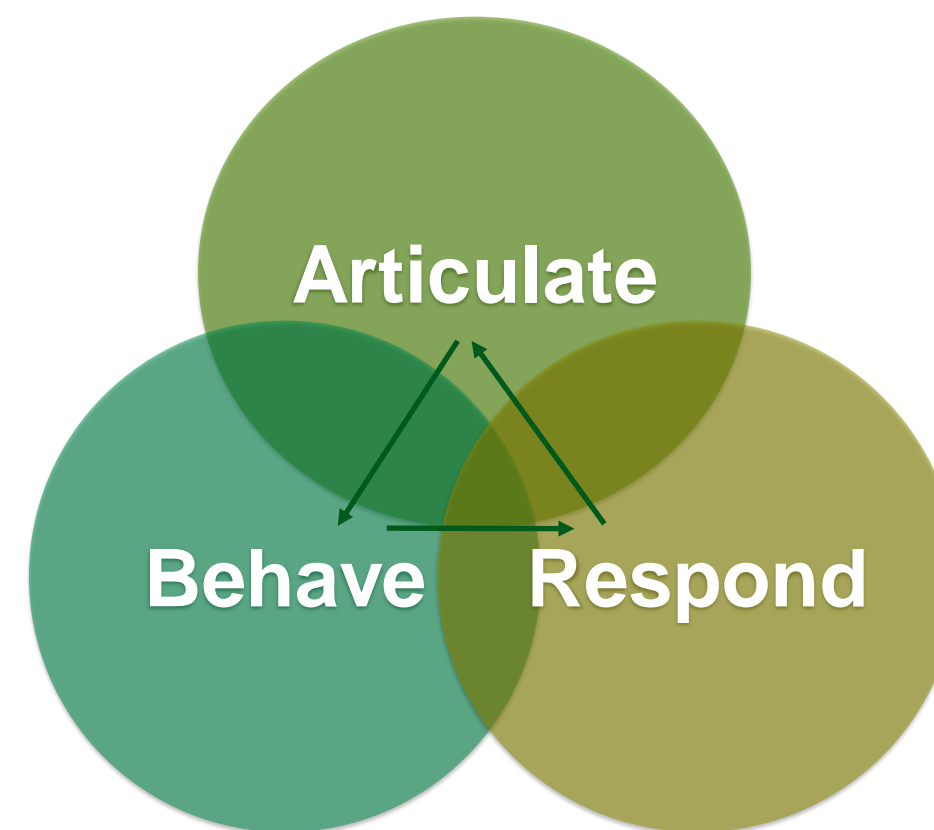
THE 3 TRANSFORMATIONS BLUEPRINT

Transformation#1 Unlock **POTENTIAL**



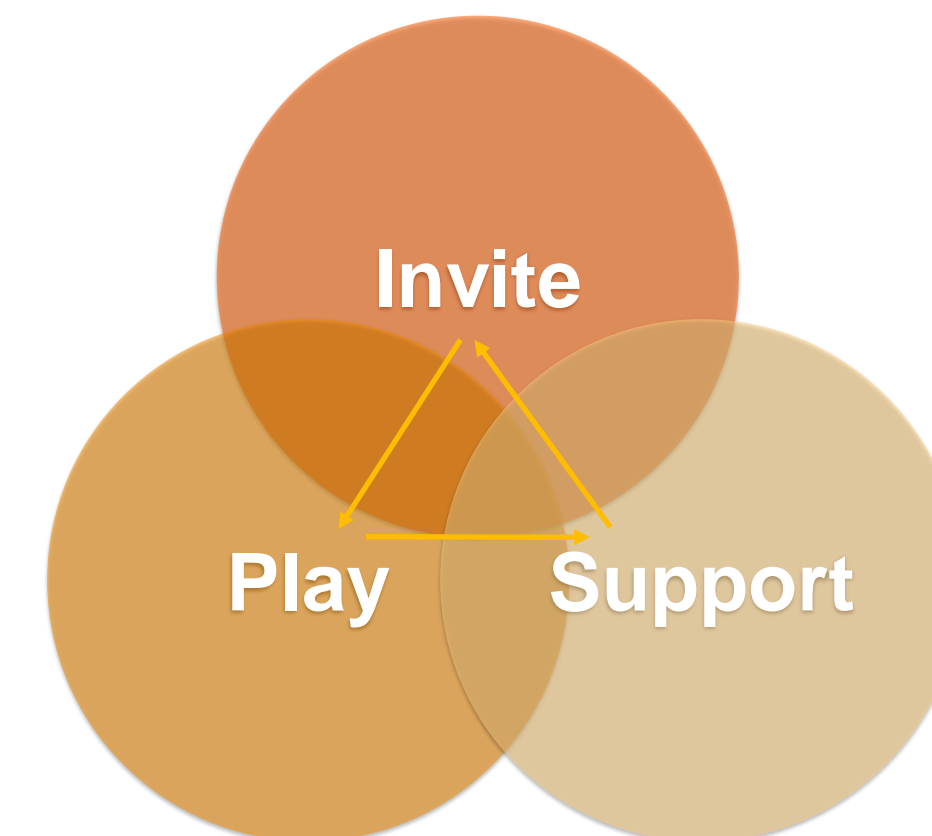
- Identify** Learn how to identify psychophysical patterns in yourself and how to source your inherent powers and thrive propersonally.
- Create** Learn how to create empowering pathways.
- Act** Learn how to effectively integrate change in your life in movement, choice and daily ritual.

Transformation#2 Increase **VERSATILITY**



- Articulate** Decide the work or role to bring into focus and begin to reveal it.
- Behave** Move/ behave in congruent ways to embody your role in work and/or life.
- Respond** Create true responsibility, prescense and authenticity, moment by moment, to breathe life into all that you do.

Transformation#3 Amplify **IMPACT**



- Invite** Paint the picture of who, what, when, where and how you invite your audience.
- Play** Meet your audience with a play-plan in place, then follow through with your intentions.
- Support** Engage the support you need to optimize the quality of your actions - amplify impact.